

This continuing education program is sponsored in no charge by Yellowbrick Foundation and The Menninger Clinic. Yellowbrick Foundation will host the event.

Evanston, Illinois

Yellowbrick is a private, physician-owned and operated psychiatric healthcare organization whose mission is to provide a full-spectrum, specialized approach to emotional, psychological and developmental challenges of adolescents, emerging adults and their families. Yellowbrick's trauma informed, research

based model combines neuroscience, strength-based approaches, in-depth psychotherapy and integrative medicine toward achieving value and optimal clinical outcomes.

Learn more at yellowbrickprogram.com

Houston, Texas

The Menninger Clinic in Houston provides high-value mental health assessment and treatment, specializing in depression, anxiety, bipolar, trauma, personality, addiction and related conditions. Menninger offers a range of treatment services with evidence-based therapies, from inpatient programs for specific patient populations, such as emerging adults in the Compass Young Adult Program,

to the Pathfinder community integration program and outpatient services. Psychiatrists nationwide have selected The Menninger Clinic as the #5 best hospital in psychiatry as reported today by U.S. News & World Report. This marks the 29th consecutive year that The Menninger Clinic has ranked as a Best Hospital by U.S. News & World Report.

Learn more at MenningerClinic.com

Trauma, Culture & Identity

Yellowbrick is introducing in 2019 a series of conferences exploring the implications of culture and identity on the experience of and recovery from trauma. We will explore the challenges of working with trauma patients through the lens of diverse aspects of culture. Co-sponsored with The Menninger Clinic, this initial conference will provide an overview towards an understanding and approach to trauma recovery from a developmental neurobiological perspective. We will then proceed to focus on traditional experiences of gender identity and trauma recovery. Future conferences will explore the role of non-binary gender and LGBTQIA experiences, immigration and ethnicity, mental health stigma, religion and spirituality and other dimensions of the interface of identity, culture and trauma.



Shweta Sharma, PsyD
Staff Psychologist
The Menninger Clinic

Trauma and Culture: *Mentalizing and Culturally Responsive Trauma Interventions*

Traumatic events often disrupt or exacerbate a person's mental state, lead to psychological and behavioral dysfunction, and negatively impact a person's quality of life. The goal of this presentation is to discuss a mentalizing approach to addressing the core traumatic experience of feeling psychologically alone in unbearable emotional states. To achieve this goal, the presentation will draw on perspectives from developmental psychology, attachment theory, and neurobiological understanding of mental processes.

The presentation will also explore the cultural considerations in understanding trauma, its complex and nuanced clinical manifestations, and the potentially arduous process of healing.

Educational Objectives

- (1) Apply key findings from attachment research to psychotherapy for patients struggling with aftermath of complex trauma
- (2) Identify the role of cultural factors on the psychological sequelae of trauma and its treatment

Shweta Sharma, PsyD

received her doctorate in Clinical Psychology from the American Psychological Association (APA) accredited program at Wright State University in Ohio. She completed her APA pre-doctoral internship at the Ohio State University and her post-doctoral fellowship at the Baylor College of Medicine. She is a Licensed Psychologist and currently serves as an Assistant Professor at Baylor College of Medicine and as a Senior Staff Psychologist at the Menninger Clinic. Her clinical work and research

focuses on personality assessment, trauma, attachment, and psychotherapy processes. Dr. Sharma's work has been published in the journal of Psychoanalytic Study of the Child and APA's Psychotherapy journal. Currently, she is a clinical candidate in adult studies in psychoanalysis at the Center for Psychoanalytic Studies in Houston, Texas. She is a member of the APA and the American Psychoanalytic Association.



Jung Mi Yi, PsyD
Director of the Assessment Center
Yellowbrick

Posttraumatic Connection, Recovery and Growth: *Why Gender Matters in the Treatment of Complex Trauma and PTSD*

Gender is one of the most common, if implicit, cultural contexts within which trauma and recovery unfolds. The trauma literature pays scant attention to how men and women experience trauma differently, how they each process traumatic experience in psychotherapy, and how they trace different pathways through posttraumatic recovery and growth. In this presentation, we will focus on several key factors that mediate posttraumatic growth through the lens of gender, including how trauma is experienced, how traumatic experience is expressed in therapy, what meanings are ascribed to that experience, and factors that contribute to recovery and possible growth. We will limit our consideration

of this context to the traditional binary definition of men and women, recognizing that an ultimately fuller consideration would involve non-binary and gender fluid individuals, as well. Practical suggestions and recommendations will be offered for clinicians who work with complex trauma and PTSD in their clinical practice, whether in individual or group psychotherapy contexts.

Educational Objectives

- (1) Understand differences in ways men and women may experience trauma
- (2) Learn factors that contribute to recovery and posttraumatic growth as they apply to men and women

Jung Mi Yi, PsyD clinical psychologist who enjoys working with adults and youth. Dr. Yi graduated from Ripon College with a B.A. in Psychology. She earned both her masters and doctoral degrees from the Chicago School of Professional Psychology. She also completed a Mini-MBA certificate program in Executive Management from Loyola University. Prior to joining Yellowbrick in 2014 as Director of The Assessment Center, Dr. Yi served for over a decade in leadership roles in inpatient, residential and outpatient settings.

Michael Losoff, PhD earned his Masters in Human Development from Pennsylvania State University and a PhD in Psychology from the University of Texas at Austin. He was trained at the National Institute of Mental Health where he was a Fellow in Adolescence. Dr. Losoff brings a deep understanding of adolescent and young adult development and to utilizing this understanding within a multifaceted model based on developmental neurobiology. He has an appreciation of and expertise with in-depth, analytically informed psychotherapy and was the Founding Director and Coordinator of Clinical Services for The Center for Depth Psychotherapy at the C.G. Jung Center of Chicago.



Michael Losoff, PhD
Director of Adolescent Services
Yellowbrick

LOCATION & PARKING

Yellowbrick
One Rotary Center
1560 Sherman Avenue,
3rd Floor
Evanston, IL 60201

Parking rates range:
\$6 - \$8

- Attached parking garage at Sherman and Grove
- City parking garage is 1 block north, 1 block west at Benson and Davis
- On-street parking is limited

For more information contact
Brian Wood,
Yellowbrick
847.869.1500, X 221
bwood@yellowbrickprogram.com

SCHEDULE - FRI., JANUARY 25

8:00 am	Registration & continental breakfast Yellowbrick, third floor atrium
8:45 am	Introduction - Bryn Jessup, PhD, Director, Family Services & Systems, Yellowbrick
9:00 am	Shweta Sharma, PsyD
10:00 am	Break
10:30 am	Jung Mi Yi, PsyD and Michael Losoff, PhD
11:30 am	Panel discussion & dialogue
12:15 pm	Adjourn

THE CONFERENCE IS OFFERED AT NO CHARGE BY YELLOWBRICK FOUNDATION AND THE MENNINGER CLINIC.

CONTINUING EDUCATION CREDIT

CEU CREDITS ARE AVAILABLE FOR A SERVICE FEE OF \$25.

Psychologists - 4.0 hours

Yellowbrick Foundation is a registered Psychologist Continuing Education Sponsor by the State of Illinois, License, #268.000019.

Registered Social Workers - 4.0 hours

Yellowbrick Foundation is a registered Social Work Continuing Education Sponsor by the State of Illinois, License, #159.001043.

Marriage and Family Therapists - 4.0 hours

Yellowbrick Foundation is a registered Marriage and Family Therapy Continuing Education Sponsor by the State of Illinois, License# 168.000180.

Counselors - 4.0 hours

Yellowbrick Foundation is a registered Professional and Clinical Counselor Continuing Education Sponsor by the State of Illinois, License #197.00160.

All Participants

Certificates of attendance will be available to all participants.

To be included in future continuing education events at Yellowbrick, please e-mail: bwood@yellowbrickprogram.com

REGISTER

Please RSVP

Seating for this educational program is limited.

Visit our website: www.yellowbrickprogram.com

Register online by clicking on the "REGISTER BUTTON." Please provide the name, credentials, address and phone for each person being registered.

If you have any questions, please e-mail: bwood@yellowbrickprogram.com



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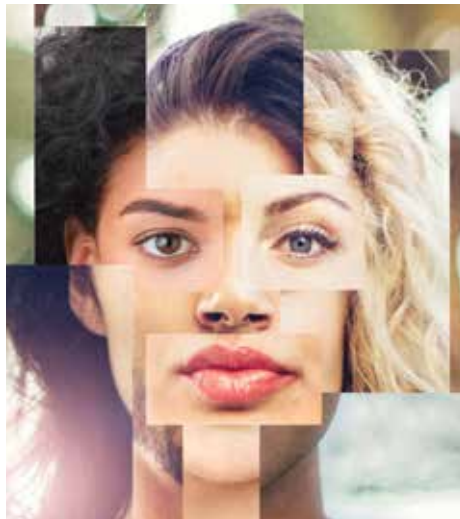
CE EVENT JANUARY 25 IN EVANSTON, IL

REGISTER TODAY

Trauma, Culture & Identity

JANUARY 25 EDUCATIONAL PROGRAM

12th Annual *What's Emerging With Emerging Adults?*



TRAUMA, CULTURE & IDENTITY

The first in a series of conferences exploring the implications of culture and identity on the experience of and recovery from trauma.

